



Dial Help Community Support & Outreach Center

Winter 2014

Happy Holidays

Special Thanks to the Rice Foundation

For 43 years, Dial Help has operated a crisis hotline that helps reduce individual and family crisis, save lives, and provide meaningful information and resources to those in need across the U.P.

At a minimum, the crisis line costs our agency over \$100,000 a year to operate, despite active volunteers and conservative wages for both crisis specialists and management.

We are truly grateful to the Rice Foundation for their \$12,000 donation in September to help us close the funding gap that existed for our crisis line in our 2014 fiscal year. Their generosity and recognition of the vital nature of the services we

provide was incredibly important to us as we embarked on a new fiscal year in October. Their support in part allowed us to keep our crisis and suicide hotlines, texting, instant messaging, and face-to-face services available 24/7/365, free of charge to those most vulnerable in this and other communities.

The Rice Foundation had also given us \$6,000 earlier in the year to help us defray the cost of renewed accreditation the agency is seeking for its crisis line and substance abuse programs. As always Dial Help is mindful and grateful for the support we receive from all of our funders, local

agencies, businesses, and individuals who allow us to continue to be the only 24-hour crisis center serving the entire U.P.

In the words of Copper Country Mental Health Executive Director Vicki Mikkola, "I truly do believe that Dial Help is a part of the infrastructure of our community. I think people have come to expect you to be around just like the Fire Department or the Police. They might need a wake-up call about your needs."

Thank you again Rice Foundation Board for heeding the call!

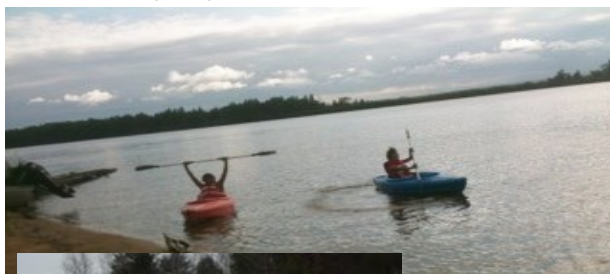
Volunteers Needed!
See Page 3 for
More Information

Keweenaw Community Foundation Funds Winter Youth Program



We would like to thank the Keweenaw Community Foundation and the Youth Advisory Council for their generous donation of \$3,000 to provide much-needed funds for our upcoming Winter Skills Adventure Program. This program provides youth with indoor and outdoor activities that take place

over the winter season in Houghton and Keweenaw Counties. Activities will include, but are not limited to: MTU's two-day Ski School, which offers ski and snowboard lessons for beginners; overnight winter camping; meaningful community service; and swimming at the SDC. Funds will be used to cover ski and snowboard lessons, lift tickets, ski rental equipment, SDC passes, lodging, food, transportation, and replacement gear as needed. These events will be offered for approximately 30 students. Below are some photos of past winter and summer activities that the KCF has helped make possible for our community's youth.



- Our Funding Partners:**
- The Coordinating Agency
 - MI Dept. of Community Health
 - MI Dept. of Human Services
 - Michigan Crime Victim Services Commission
 - Copper Country United Way
 - United Way of Dickinson County
 - United Way of Marquette
 - Nat'l Suicide Prevention Lifeline
 - Keweenaw Community Foundation
 - Superior Child Abuse Prevention Council
 - NorthCare
 - Portage Health System
 - Aspirus Keweenaw Hospital
 - Houghton Rotary
 - Rice Foundation
 - Friends of Dial Help Like You!

Board and Staff

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Tori Hanus

IT Specialist

Cody Adkins

Where does your support go?

In addition to Dial Help's crisis and suicide hotlines, suicide follow-up program, crisis texting, instant messaging, in-person crisis response, and resource and referral services, we also provide substance abuse counseling, school-based prevention, 24/7 mobile crisis teams, mental health counseling, intensive family support services, positive youth programs, comprehensive services to any and all victims of crime, and specialized behavioral education classes that increase safety for families and the community. The common thread of our agency is that we help empower people to solve problems, reduce crisis, address trauma, and increase safety for self and others. Operation of all of these services is only possible because of a committed professional staff, generous and well-trained volunteers, and financial support of local agencies and community members. Please consider a financial gift, donating goods or services, or volunteering to help us keep these vital services in our community!

Funding cuts are impacting a lot of non-profit agencies, including ours! We need your help to ensure the continuation of new and existing programs the community has come to rely on. Look to the right to see the many ways you can help Dial Help continue to make a difference!

Support Dial Help!

Make a Donation:

- Use the link to **PayPal** on the "Give Help" section of www.dialhelp.org to make a safe, secure on-line donation
- Or send a **check payable** to:
Dial Help, Inc.
609 Shelden Ave.
Houghton, MI 49931
- Or set up a recurring direct withdrawal from your checking or savings account.
- Donate to the Dial Help Endowment at the **Keweenaw Community Foundation**.
- Consider Dial Help in your **estate planning**.

Dial Help is a 501(c) (3) charitable agency for tax deductible giving

Volunteering at Dial Help

**Interested in lending a
compassionate ear?**

Helping someone in need?

**Helping an agency that supports the
community in many different ways?**

**Call An-gel at 482-9077 to
discuss our volunteer opportunities**

- **Helpline Services**
- **Victim Services**
- **Youth Programs**
- **Internships**
- **Office Support**
- **Building Maintenance**
- **And More!**

www.dialhelp.org

Phone: 906-482-9077
Fax: 906-482-2502
Dial Help, Inc.
609 Shelden Avenue,
Houghton, MI 49931



Dial Help is your resource for
Crisis Intervention * Education * Victim Services * Prevention * Counseling
482- HELP(4357) * 24 hour Victim Service line 1-866-661-5589
NEW: Text Message: 906-35(NEEDS) (906-356-3337)
www.dialhelp.org

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Way**



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